

# NGA COVID-19 Symptom & Attendance Policy

As you are aware, we are implementing strict policies and procedures at NGA during these uncertain times. Our top priority is to keep all of our members and coaches safe and for the business to continue to operate.

**We want to be VERY CLEAR with our policy in regards to sickness, symptoms and attendance.**

*As stated in our parent handbook:*

- **“If your child or someone in your family is experiencing a cough, fever or any cold or flu symptoms, please do not send your child to gymnastics classes.”**
- Before entering the premises your child will undertake a daily health screening questionnaire as part of our attendance record (parents can assist with this at the door).
- They will be asked: *In the previous 14 days, have you:*
  - or any family members had any COVID-19 symptoms?
  - Been in contact with any confirmed/suspected COVID-19 case?
  - Travelled Internationally?
- If your child answers yes to any of these questions, they will not be able to attend their class.
- If your child starts to feel unwell or show flu-like symptoms during class, parents will be called and the child will need to be taken home.
- **If your child presents with any cold or flu-like symptoms following a gymnastics class, please notify us immediately.**

Already, within our first few days of classes after re-opening our doors and have already had a few instances where members have been sick prior to coming to class, turned away at the door or fallen sick after training and more clarification is needed.

So further to our existing policies, **we would like to notify our families of our COVID-19 Symptom & Attendance Policy (what happens after your child is sick, sent home or kept home with flu like symptoms).**

As per the **NSW Government website:**

<https://www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics>

*Symptoms of COVID-19 include:*

- fever
- cough
- sore/scratchy throat and
- shortness of breath

Anyone with symptoms should come forward for COVID-19 testing.

***We would like to advise our members that:***

- Again, if your child or anyone in your family has any COVID-19 symptoms in the last 14 days, DO NOT SEND THEM TO GYMNASTICS.
- If they tell us that they have been sick or a family member has been sick we will NOT LET THEM PARTICIPATE IN CLASS.
- If your child answers yes to any of our screening questions, you will be asked to take them home with you or come and collect them from gymnastics immediately.

**If your child is unwell and is sent home or kept home with flu like symptoms: THEY MUST HAVE A MEDICAL CLEARANCE CERTIFICATE TO RETURN TO GYMNASTICS.**

- You will be asked to keep them off gymnastics for 14 days (after being sick).
- Alternatively, you can take them to the doctor and gain a medical clearance certificate or you can take them to get a COVID-19 test. **Of which, YOU MUST PROVIDE US WITH A COPY.**
- Once we have a negative COVID-19 test result certificate or medical clearance certificate, they will then be allowed to attend classes again. If it is proven they do not have the virus, we have no reason to keep them from classes.
- Please be aware, there is no need for a medical clearance certificate for other illness (i.e. Non COVID-19 symptoms).

We would like you to be aware of the background of our decisions. We have re-opened our gym with the knowledge that children are now exposed to a lot of others at their school, plus whoever they are exposed to with their family and friends. Then on top of that we have kids coming from all different schools and areas. So, it's not just the Northern Suburbs. They are also attending other afternoon sports. Therefore, it turns into a huge big web. That being said, these are not easy or simple decisions we are having to make. **There are a lot of grey areas but the underlying factor is that the risk of contamination is quite high and that is why we have decided to be quite strict with our policies.**

By no means are we telling or forcing you to have your children tested but we do need to have a clear policy in place. We would also like to thank all of our members in advance for your patience and understanding with this matter. We are all unfortunately, just trying to do our best and 'the right thing' in these very uncertain times.

If you have any questions or need any further clarification on this please email:  
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